



WELCOME TO

SLOW FOOD NATIONS

JULY 19-21, 2019 • DENVER, COLORADO

Welcome to Slow Food Nations, a food festival for all! Slow Food is a global grassroots movement that started over 30 years ago in Italy. **The 2019 festival theme is Where Tradition Meets Innovation.** As you walk the festival streets, you'll get to experience and taste what Slow Food is and what we believe. Open your taste buds to new flavors, and your mind to new ideas. There's something here for everyone. We hope the festival inspires you to learn more about food and how our food choices impact the world around us.



SLOW FOOD NATIONS

FESTIVAL MAP LEGEND

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|-----------------------------|------------------------------|---------------------------|
| Taste Marketplace Merchants | 9 Ice Cream Cart | 17 Food for Change Talks |
| 1 Slow Food Nations Hub | 10 Summits at UCD | 18 Slow Food Salon |
| 2 Tasting Room | 11 Slow Sips Bar | 19 Volunteer HQ |
| 3 Heritage Radio Network | 12 Big Green Egg | Water Filling Station |
| 4 Workshops on Larimer | 13 Kitchen Counter | Restrooms |
| 5 Tattered Cover Bookstore | 14 Block Parties | Security |
| 6 Family Pavilion | 15 Craft Beer + Cider Garden | Recycling + Compost |
| 7 Italian Cucina | 16 Meetups | LYFT drop off/pickup area |
| 8 Allegro Coffee Bus | | |

MERCHANTS



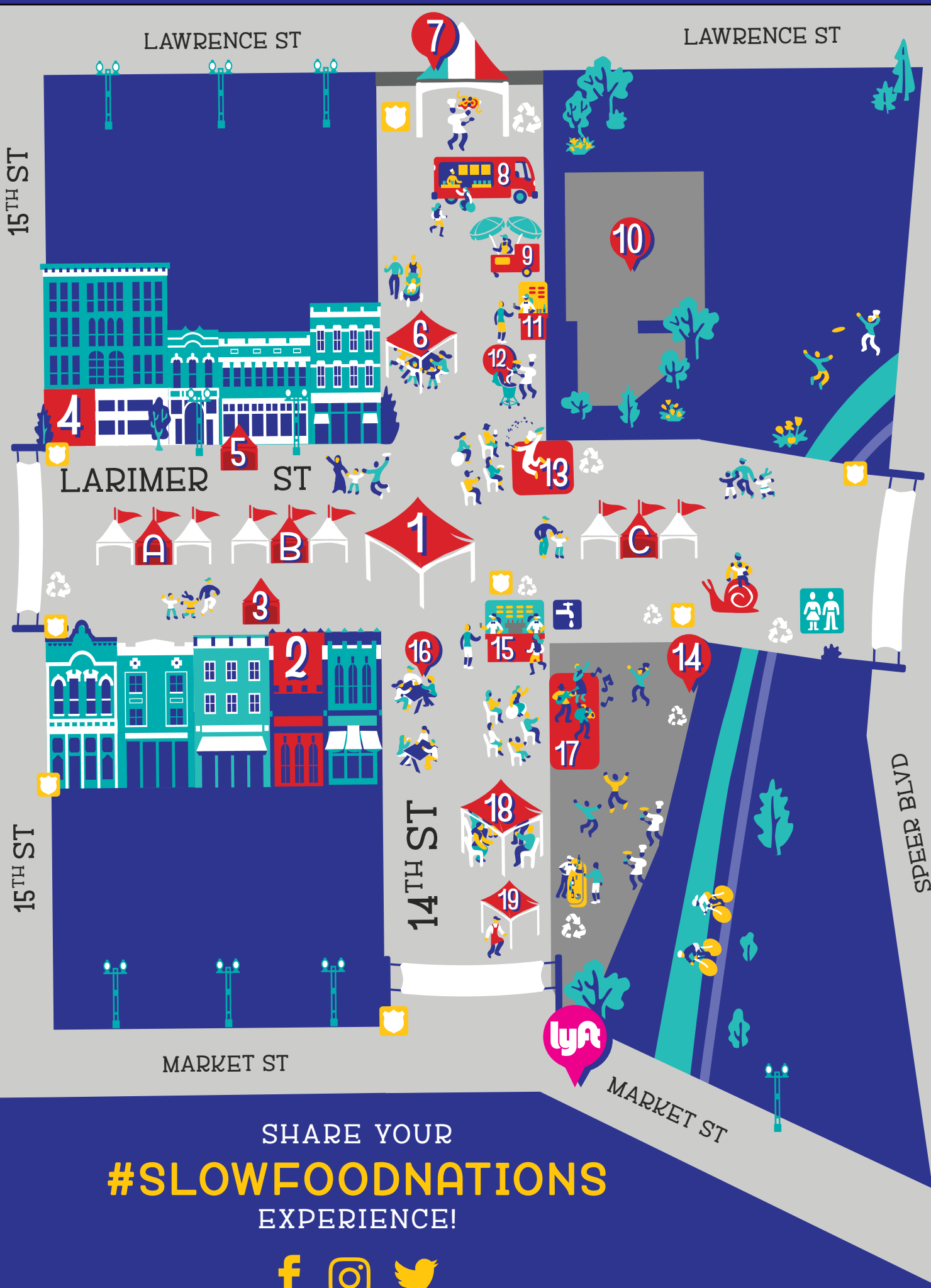
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|--|---|
| Bee Squared Apiaries | Kona Coffee Farmers Association |
| Burly Beverages | Olioveto Estate Olive Oils |
| Cheese Shop by Gourmet Foods International | Roam Free Bison |
| Colorado Fruit & Vegetable Growers Association | School Garden Network presented by Slow Food East End |
| Emerald Gardens Microgreens | Teakoe Tea |
| Fire Brew | Teton Waters Ranch |



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| Backyard Soda Co. | Picaflor Live-Culture |
| Davines + Let Em Have It Biodiverse Beauty | Polidori Sausage |
| FoodPrint | Rock+Sole |
| | Runamok Maple |
| Gotham Greens | Salute Santé! Grapeseed Oil |
| Hani Honey Company | Slow Food New England |
| Le 5 Stagioni USA | Socially Responsible Agricultural Project |
| The Lemon Girl | Superior Switchel |
| Mellow Rooster Herbal Coffee | Teatulia Organic Teas |
| Monti Trentini Cheese | University of Gastronomic Sciences |
| One for Neptune | |
| Park Hill Woodworks | |



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|---|-------------------------------------|
| A Baker's Passport from Food Market Gypsy | La Colombe Coffee |
| Bolder Chips | MicroTea + Mountain Man Micro Farms |
| Coopers Small Batch & Brad B Jammin | National Western Center |
| Cowgirl Lemonade | New Beat Foods |
| Date Lady | Prosper Meats |
| Forever Cheese | ReVessel |
| The Grain Chain | Uncommon Gourmet |



SHARE YOUR
#SLOWFOODNATIONS
EXPERIENCE!



FESTIVAL SCHEDULE

FREE EVENTS

#5: Tattered Cover Bookstore

SATURDAY

Author Signing:
Danielle Nierenberg
11am-11:30am

Author Signing:
Gunnar Gislason
12pm-12:30pm

Author Signing:
Pierre Thiam
1pm-1:30pm

Author Signing:
Linda Appel Lipsius
2pm-2:30pm

Author Signing:
Sandor Katz
3pm-3:30pm

Author Signing:
David George Gordon
4pm-4:30pm

Author Signing:
Adrian Miller
5pm-5:30pm

Author Signing:
Steven Satterfield
6:30pm-7pm

SUNDAY

Author Signing: Alice Waters
11am-12pm

Author Signing: Bob Quinn
1pm-1:30pm

Author Signing:
Crystal Stevens
3pm-3:30pm

#6: Family Pavilion

SATURDAY

Whole Foods Market
Planting Project
10:30am-11:30am

Story Hour with Denver
Public Library
11:30am-12:30pm

Inspiring Taste Buds
for Slow Food
12pm-1pm

The Stages of Food Life
with RootShyft
1:30pm-2:30pm

Indigenous Languages
Workshop
2:30pm-3:30pm

Music Hour with
Wade Fernandez
4pm-5pm

SUNDAY
Breakfast Bowls
10:30am-11:30am

Story Hour with
Tattered Cover
11:30pm-12:30pm

Garden to Tacos
12pm-1pm

Pollinator
Seed Bombs
1:30pm-2:30pm

DIY Kitchen
Herb Garden
3pm-4pm

#13: Kitchen Counter

SATURDAY

Fonio, the Ancient
Miracle Grain
11am-12pm

A Taste of the
Gulf of Mexico
1pm-2pm

Flavors of the
African Diaspora
3pm-4pm

Eat it to Save it
5pm-6pm

Fermentation is
Everywhere!
7pm-8pm

SUNDAY
Coastal Flavors
of Mexico
11am-12pm

Health and Wellness
in Your Kitchen
1pm-2pm

Ciao, Pizza!
3pm-4pm

#16: Meetups

SATURDAY

Meatless Monday
12:30pm-1:30pm

School Gardens
1pm-2pm

UNISG Meetup
1:30pm-2:30pm

Policy
3:30pm-4:30pm

Slow Bees
5pm-6pm

National Young Farmers
Coalition Meet-up
6pm-7pm

SUNDAY

Mental Health in
Hospitality
10am-11am

Farmer Meetup
1pm-2pm

#18: Slow Food Salon

SATURDAY

Indigenous Foodways
and Lifeways
10am-11am

School Gardens Rock
11:30am-12:30pm

Airbnb & Slow Food
Social Impact
Experiences
1pm-2pm

Policy Advocacy,
Slow Food Style
2:30pm-3:30pm

Slow Bees
4pm-5pm

Disco Soup from
Soup to Nuts!
5:30pm-6:30pm

The Next Generation
of Food Leaders
7pm-8pm

SUNDAY

Fundraising Fundamentals
for Slow Food Communities
10am-11am

Indigenous Youth for
a Sustainable Future
11:30pm-12:30pm

The Ark of Taste Voyage
1pm-2pm

Seed Swap!
2:30pm-3:30pm

UNISG, The Slow
Food University
4pm-5pm



#17: Food For Change Talks

SATURDAY

Reducing Food
Waste in Restaurants
10am-11am

Mental Health
in Hospitality
11:30am-12:30pm

The Future of Farming
1pm-2pm

What the Fish?
2:30pm-3:30pm

Immigration for
Farm's Sake
4pm-5pm

SUNDAY
Food on the
2020 Ballot
10am-11am

The Radical
Power Shift of
Cooperatives
11:30pm-12:30pm

Making Sense
of Food
1pm-2pm

Protecting
Pollinators
2:30pm-3:30pm



TICKETED EVENTS

Purchase tickets at the Slow Food Nations Hub or slowfoodnations.org!



#2 Tasting Room

SATURDAY

Meet Your Maker: Bee
Squared Apiaries Honey
10am-11am

Meet Your Maker:
Marieke Family Gouda
'Raw Milk Cheese'
12pm-1pm

Meet Your Maker:
Rocky Mountain Micro Ranch
2pm-3pm

Meet Your Maker:
Fortuna Chocolate
4pm-5pm

SUNDAY

Meet Your Maker:
Runamok Maple
10am-11am

Meet Your Maker:
Marieke Family Gouda
'Raw Milk Cheese'
12pm-1pm

Meet Your Maker: Fire
Brew Holistic Health Tonics
2pm-3pm

Meet your Maker:
Haykin Family Cider
4pm-5pm

#4 Workshops on Larimer

SATURDAY

Ancient Remedies for
Modern Times
10am-11:30am

The Art of Fermentation
12:30pm-2pm

SUNDAY

The Sweet Source of Craft Chocolate
10am-11:30am

Injera 101
12:30pm-2pm

A Taste of the Yucatán Peninsula
3pm-4:30pm

Workshop @ Euclid Hall

SATURDAY

This is Cider
12pm-1:30pm

#10 Summits @ UCD

SATURDAY

African American Foodways
10am-11:30am

Podcasting Workshop with
NPR's The Kitchen Sisters
12pm-1:30pm

The Delicious Revolution
2pm-3:30pm

Craft Beer for Change
4pm-5:30pm

SUNDAY

The Innovative Farmer
10am-11:30am

A Taste of West Africa
12pm-1:30pm

The Future of Slow Meat
2pm-3:30pm



#14 Block Parties

FRIDAY

Colorado Fare
6pm-9:30pm

SATURDAY

Food Over Fire
6pm-9:30pm

SUNDAY

Zero Waste
Community Supper
5pm-8pm



Offsite Events

WEDNESDAY 7/17

Chef Cooking Club: Nightshades Edition
4pm-6pm | Citizen Rail

Moxie Pizza Party with Colorado
Grain Chain + Slow Food Boulder
5pm-7pm | Moxie Bread Co.

THURSDAY 7/18

Farm to School Lunch
11am-2pm | Community Table Farm

Black Cat Farm Dinner and Farm Tour
4pm-10pm | Black Cat Farm

Dinner from the Ground Up with Row 7
4:30pm, 5:30pm, 8pm | Annette

Podcast Launch & Dinner at Safta
6pm-9pm | Safta

Slow Food Craft Beer Experience
6pm-9pm | TBA
Starting location provided upon ticket purchase

"Artifishal" Film Screening
6:30pm-9pm | Larimer Social

FRIDAY 7/19

Pickled Pintxos and Paella on the Patio
4pm-6pm | Ulteira @ Union Station

Hoo'eibii3ihiit — We Eat Together
6pm-9pm | Four Winds American
Indian Council

Late Night by Land and Sea
9pm-12am | BRUTØ @ Free Market

SATURDAY 7/20

Farmers Market Coffee & Conversation
9am-10:30am | Union Station
Farmers Market

SLOW FOOD NATIONS BINGO

Get a stamp from each place you visit. If you get three in a row, earn a prize at the Slow Food Nations hub!

Try a sample from
Big Green Egg
(#12 on map)

Get a temporary tattoo
at the Family Pavilion
(#6 on map)

Get a taste of
Slow Food's roots
at the Italian Cucina
(#7 on map)

Catch a free talk at the
Food For Change stage
(#17 on map)

Visit the Grain Chain
(C on map)

Visit the Allegro Coffee
Bus (#8 on map) and make
a donation to Slow Food

Watch a cooking demo
at the Kitchen Counter
(#13 on map)

Dig into Slow Food
at the School Gardens
Booth (A on map)

Screenprint a tote bag
by hand at the Slow
Food Nations Hub
(#1 on map)

DID YOU KNOW?

- 1 Slow Food started 30 years ago in Italy** when a protest against fast food sparked a global movement for good, clean and fair food. Read about it below!
- 2 Slow Food is not just a festival!** It's a global movement with 150 local chapters across the US and activities year-round. In CO, we have chapters in Denver, Boulder County, Pikes Peak and Western Slope.
- 3 Slow Food engages all parts of the food system.** Programs focus on school gardens; chefs and cooks; food and farm policy; equity, inclusion and justice; biodiversity; and advocacy for sustainable farming, ranching and fishing.
- 4 It's easy to get involved!** There are over a million Slow Food supporters around the world. You can join as a member at the Slow Food Nations hub or at slowfoodusa.org/join.



Slow Food[®] ORIGIN STORY

Over thirty years ago, a large group of Italians gathered in Rome for a protest. Why? A fast food franchise was opening at the base of the iconic Spanish Steps. Instead of waving signs and yelling, they brought in a big bowl of penne pasta and shared it with the crowd that gathered, chanting:

**"WE DON'T WANT FAST FOOD.
WE WANT SLOW FOOD."**

That gathering was the birth of the Slow Food movement. Today, we are in over 160 countries, with 150 chapters in the United States. Slow Food inspires individuals and communities to change the world through **food that is good, clean and fair for all.**

Thank you to our Friends of
 SLOW FOOD NATIONS
who help us inspire change
for good, clean and fair food!



Anonymous
Anonymous
Kirsten and Bradley Benefiel
Big Red F Restaurant Group
David Birzon
Catherine Compitello
Alessandro d'Ansembourg
Thom Duncan
Feed Media
Fertel Foundation
The Flagg Family
Andrea and Max Fulton
Johnson Financial Group
The Jones Family
Aleksandra & Jason Kaplan
Charity Kenyon & Mike Eaton
Molly and Taylor Kirkpatrick
Amy and Gabriel Koroluk
The Larrabee Family
Mainspring Companies
Parizad Motiwala-O'Donnell
and Tim O'Donnell
Josh Olsen/ACRES Farm
at Warren Tech
Kathleen and Christopher
Pelley, CIMCO CARES, LLC.
Julie C. Ray
Krista and David Roberts
Sarah and Adam Schlegel
Megan and Jon Schlegel
Julie Shaffer
Leslie Sidell
Slow Food Chicago
Slow Food Russian River
Slow Food Sonoma County North
Joel Smith
John Stewart III and Ramon Torres
Kathryn and Gerald Underwood
Ed Yowell
Andra and Kyle Zeppelin

SHARE YOUR BINGO EXPERIENCE WITH **#SLOWFOODNATIONS!**   

THANK YOU TO OUR PARTNERS FOR THEIR GENEROUS SUPPORT!



slowfoodnations.org • #slowfoodnations

